**Updating the Health of Older People Strategy: Have your say!**

Have you ever used a health service, or supported a family member to stay safe and well in their home?

Do you have any experiences that show what good care looks like, or where we can learn from things that have gone wrong?

**Then come along to a workshop to update the Health of Older People Strategy.**

We want your ideas about making the health system better at looking after the needs of older people and family carers.

We’ve got eight regional workshops planned and we would love to hear from you. Join us for a cuppa and a chat!

The current strategy was developed in 2002. It is still valuable and a lot has been achieved. But we need to look around us and look ahead to make sure we are keeping up with our changing world.

We are looking at how we can:

* improve the health of all seniors, whoever you are, wherever you live.
* improve your experience of care. For example, how well are services meeting your needs? Were the services you received good quality services?
* make sure that resources, like staff, are being used in the best possible way, and that we get good value for money from services.

Recently we went around the country to hear about New Zealanders’ experience of older age care, and their hopes for the future.

This helped us identify some key issues, and helped shape-up **5 objectives** that we think should be the backbone of New Zealand’s Health of Older People strategy.

|  |  |
| --- | --- |
| **Key objective** | **What does it mean** |
| Healthy ageing | *staying well as long as possible* |
| Living well with health conditions | *getting support to manage your health* |
| Excellent acute care, rehabilitation, and recovery | *getting you going again as soon as possible after illness or injury* |
| Support for people with high and complex needs | *making sure your care is well planned and co-ordinated* |
| Respectful end of life care | *letting you decide what matters when the end is near* |

We need to test our ideas with people who use services, their families and carers. You are warmly invited to share a cup of tea and your thoughts at one of the following sessions:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | | **Location** | **Venue** | **Time** |
| *February* | | | | |
| Wed | 24 | Gisborne | Gisborne Hospital, 421 Ormond Rd | 3pm - 5pm |
| Thurs | 25 | Hawke’s Bay | Havelock North Function Centre, 30 Te Mata Rd, Havelock North, Magdalinos Rm | 2pm - 4pm |
| *March* | | | | |
| Thurs | 3 | Palmerston North | Distinction, 175 Cuba St | 3pm - 5pm |
| Fri | 4 | Wellington | The Ministry of Health, 1 the Terrace, Wellington | 11am - 1pm |
| Mon | 7 | Rotorua | Holiday Inn, 10 Tryon St | 3pm - 5pm |
| Tues | 8 | Hamilton | Wintec, Gate 3 Tristram St, the Atrium | 2pm - 4pm |
| Weds | 9 | Northland | Forum North, 7 Rust Avenue, Whangarei | 3pm - 5pm |
| Fri | 11 | Auckland | 489 Dominion Road, Mt Eden | 10am - noon |

If you can’t come to a meeting, or would prefer to send us some thoughts, please contact us:

*By e-mail*: [hopstrategy@moh.govt.nz](mailto:hopstrategy@moh.govt.nz)

*By post*: John Roy, Health of Older People Policy, Ministry of Health, PO Box 5013, Wellington 6145.