

Under the Tōtara

Listening well,
growing
together
for Age
Friendly Kāpiti

Roots: Grounded in Community Voice

Trunk: Shared Responsibility and Leadership

Branches: Actions where our Approach comes to life

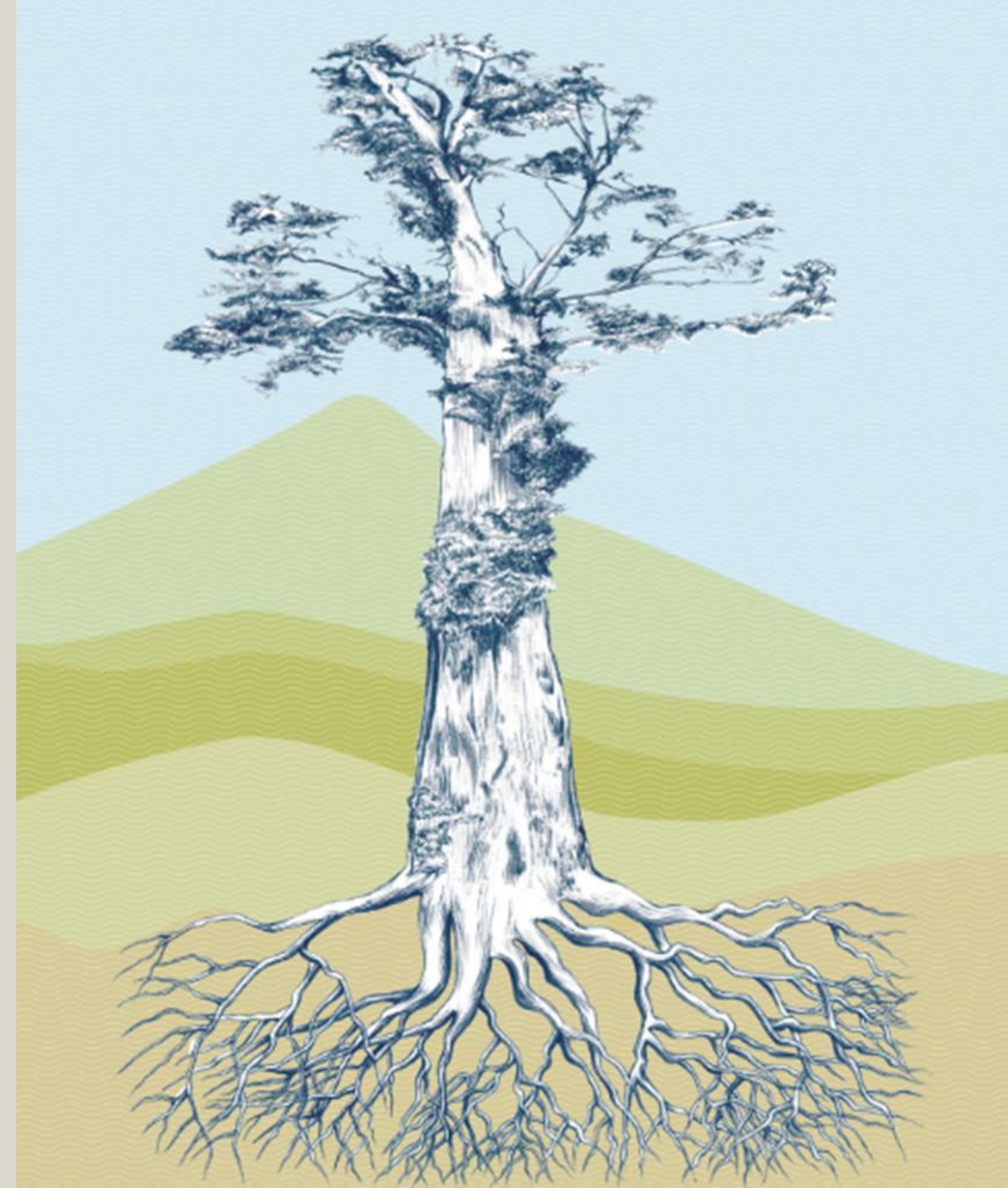
Seeds: Systems Change and Sprouting New Ideas

Gnarly Points: Navigating Twists and Prickly Bits

Forest: Collective Flourishing



The Tōtara - A framework for growth





Roots: Grounded in Community Voice

“We separate the aged and youth too much, we need to work together on inspiring projects”

"For me it's leading an active lifestyle where I can tramp, hunt, fish and dive plus fulfil the obligations in terms of being Maori."

"I like the whakatauki, 'He taonga te wareware.' One explanation is it recognises as we get older we get forgetful nevertheless we're still taonga."



Trunk:

Shared Responsibility and Leadership

Clear Connection to Strategic Goals:
It aligns with Council's vision for
wellbeing, accessibility, and inclusion
across all services and infrastructure.



Their voices guided us in creating an Age Friendly



Branches of Action:

Where Our Approach Comes to Life

Council alongside Community Projects

Blending resources and expertise for greater impact.

Really friendly ... Age Friendly activities

Building buy-in and action with Council staff

It's a dynamic process of learning by doing

We're working internally across Council to celebrate age-friendly workstreams, support teams to get inspired and grow Age Friendly Champions.

Seeds: Systems Change



...and sprouting new ideas



Keeping Age Friendly visible as a long-term systems change, not a short-term initiative

Gnarly Points





Forest: Collective Flourishing

A Whole-of-Council & Community Approach

Ongoing Support & Collaboration

Monitoring progress & showcasing impact

Older Persons Advisory Group as guardian

Ngā mihi

Whakarongo ki ngā kupu o ngā kaumātua,
kākahutia i runga i a koe, mau e hoatu ki te ao

Listen to the wisdom of your elders, cloak yourself
with this knowledge, to share with the world

Wi Te Kakakura Parata

